

Free Diapers Available!

at Parenting Classes at The Arbor on Main

Who: Moms of all ages

Where: The Arbor on Main, 303 N. Main Street, Ukiah

When: Thursdays from 3:30 to 4:30 p.m. from Oct. 13 to Dec. 1

What: Attention moms of all ages!

Come to The Arbor on Main on Thursdays from Oct. 13 to Dec. 1 for Mom 2 Mom classes, and receive a free package diapers from the Mendocino Diaper Depot, a project of the Children's Action Committee. Diapers are available in sizes 0-6.

Mom 2 Mom is an opportunity for new moms to bring their babies and socialize with experienced moms.

For more information on Mom 2 Mom, call The Arbor on Main at 707-468-5536. For information on the Diaper Depot, contact Ashley Bergen at 707-467-2010 or e-mail bergena@rcs4kids.org.

**We support the use of cloth diapers and they are available by request*

